



**Discover ways  
Amazon Alexa  
may be able to  
assist you in your  
role as a carer.**



**DEMENTIA  
CARERS COUNT**



With **adaptive listening**, you have more time to finish speaking before Alexa starts to respond.

- ▶ Open the Alexa app
- ▶ Open **More**
- ▶ Select **Settings**
- ▶ Select **Accessibility**
- ▶ Select **Adaptive Listening Mode**







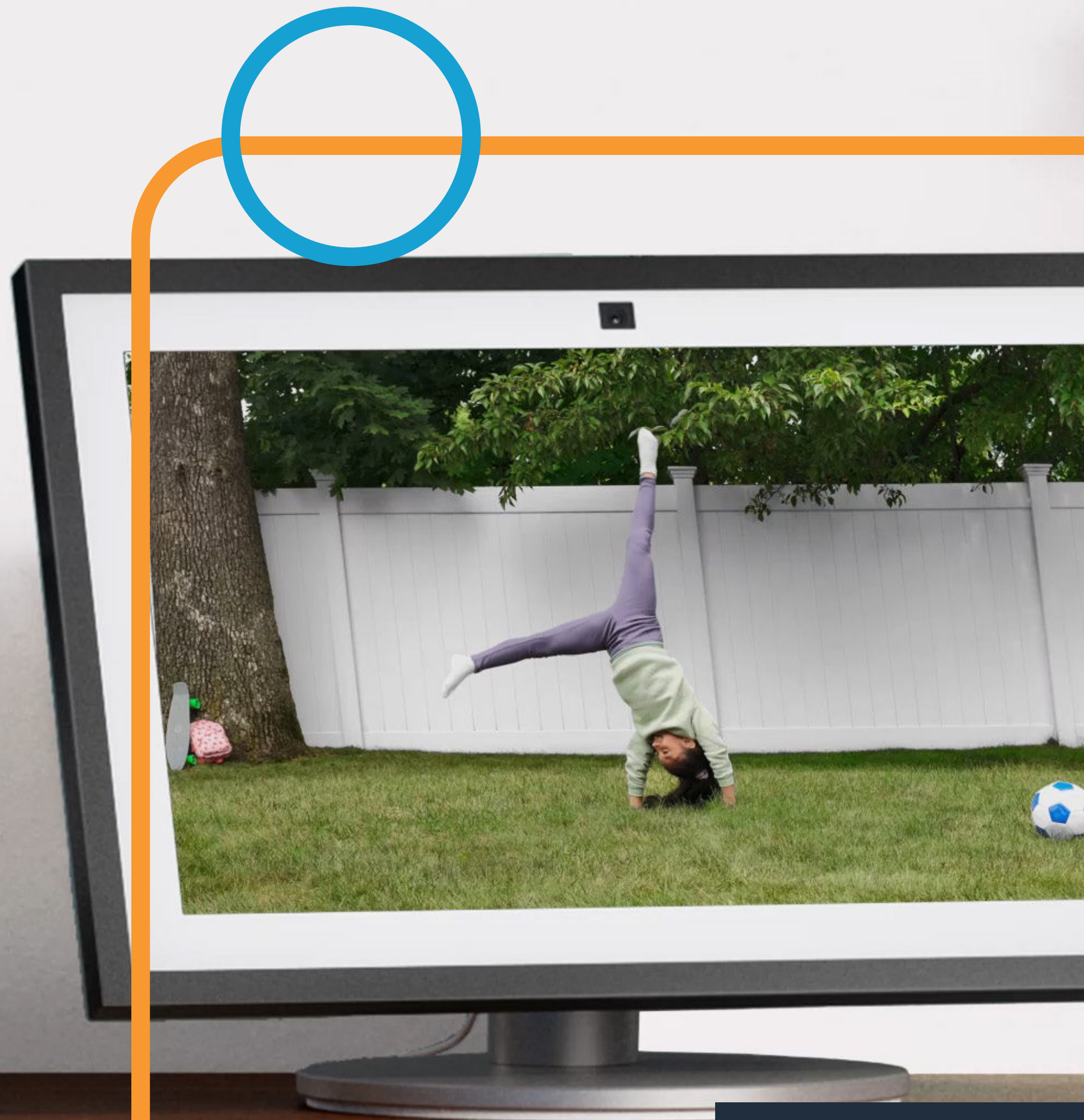
You can ask Alexa to **adjust** the speaking rate to your preference.

Just say, *“Alexa, speak slower”* or *“Alexa, speak faster”*.

Say, *“Alexa, speak at your default rate”* to return to normal speed.

**“Alexa, speak slower”**





Amazon Echo Show users can use Amazon Photos to turn their device home screen into a digital photo frame with Alexa.

In the Alexa App, under 'Settings' click 'Photos'.

- ▶ Scroll down to the Accounts Section and link your preferred Photo service
- ▶ Follow the instructions on the screen to link to your preferred Photo service

"Alexa, show me my photos"



## You can increase the font size on your Echo Show.

To increase the font size on an Echo Show device, you'll need to adjust the accessibility settings.

- ▶ Navigate to **Settings**
- ▶ **Accessibility**
- ▶ Then click **Alexa Captioning Preferences** (or Closed Captioning Preferences)
- ▶ Then adjust the font size slider to your desired setting





## You can ask Alexa general questions.

Just ask Alexa a question based on your interest and Alexa will answer with information.

“Alexa, what’s a good mindfulness activity?”





Alexa **reminders** can be used as helpful audio or visual nudges throughout the day. Users can set reminders for appointments, meals, hydration, or daily routines.

- ▶ In the Alexa app, open **More** and select **Reminders**
- ▶ Click on the '+' sign to add a reminder
- ▶ Enter the details you want, including the device you want to announce the reminder





“Alexa, what’s this product?”

**Show and Tell** is an accessibility feature that identifies common pantry items and other things using the Echo Show’s camera.

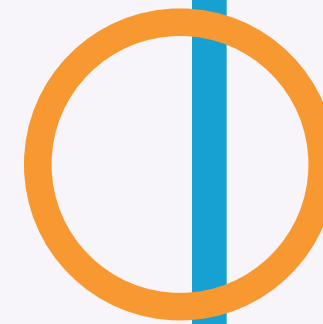
Just hold up a product in front of the Echo Show’s camera and ask Alexa to identify it.



You can create custom playlists of videos, podcasts or songs focused on memories or interests.

- ▶ Open the Alexa app
- ▶ Select **More**
- ▶ Select **Settings**
- ▶ Under **Alexa Preferences**, select **Music & Podcasts**
- ▶ Click on the + sign next to **Link New Service**

You will need to have a music streaming service account for this feature.





**Use Alexa to play music, podcasts or ambient sounds whilst noisy appliances are being used.**

You can also play white noise to relax.

Just say *“Alexa play my calming playlist”* or *“Alexa, play white noise”*.

Background sounds can help mask potentially distressing noises from appliances and create a calming atmosphere.



**“Alexa, play white noise”**





**Amazon Smart Plugs work with Alexa to add voice control to any electrical socket.**

Schedule lights, coffee machines and other appliances to turn on and off automatically, or control them remotely when you're away through the Alexa app.

- ▶ Open the Alexa app
- ▶ Open **Devices**
- ▶ Select the + button
- ▶ **Add Device**
- ▶ Then follow the on-screen instructions



Alexa's **Drop In** feature works like an intercom to allow instant, two-way conversations between compatible Alexa-enabled devices within the home or with designated contacts who have granted permission.

- ▶ Open the Alexa app
- ▶ Go to **Open Devices**
- ▶ Select **Echo & Alexa** then select your device
- ▶ Under **Settings**, select **Communications**
- ▶ **Drop In** and then select which permissions to enable or disable

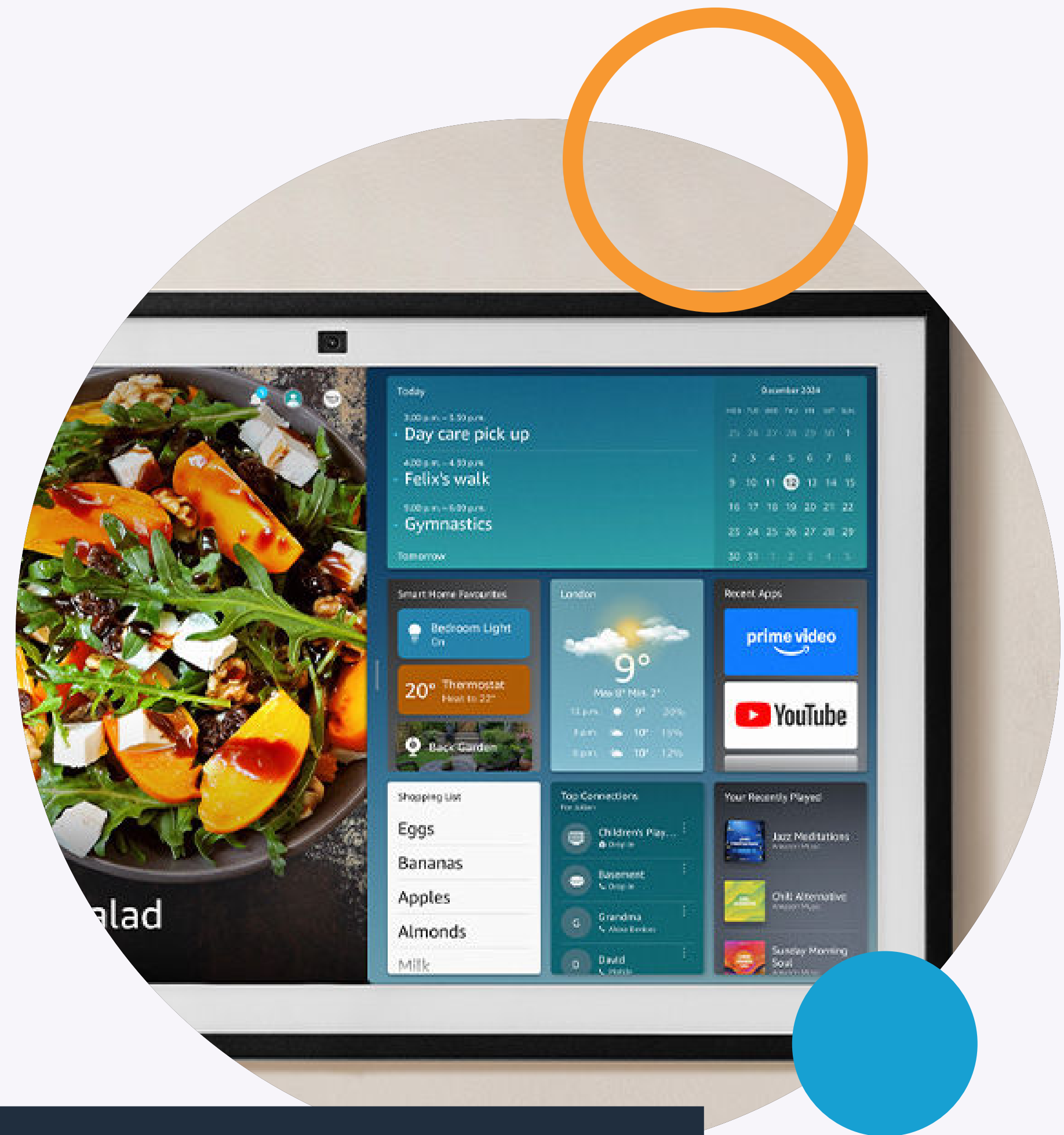




Use the **calendar** to visually organise tasks and activities on Alexa screens, or via voice prompts.

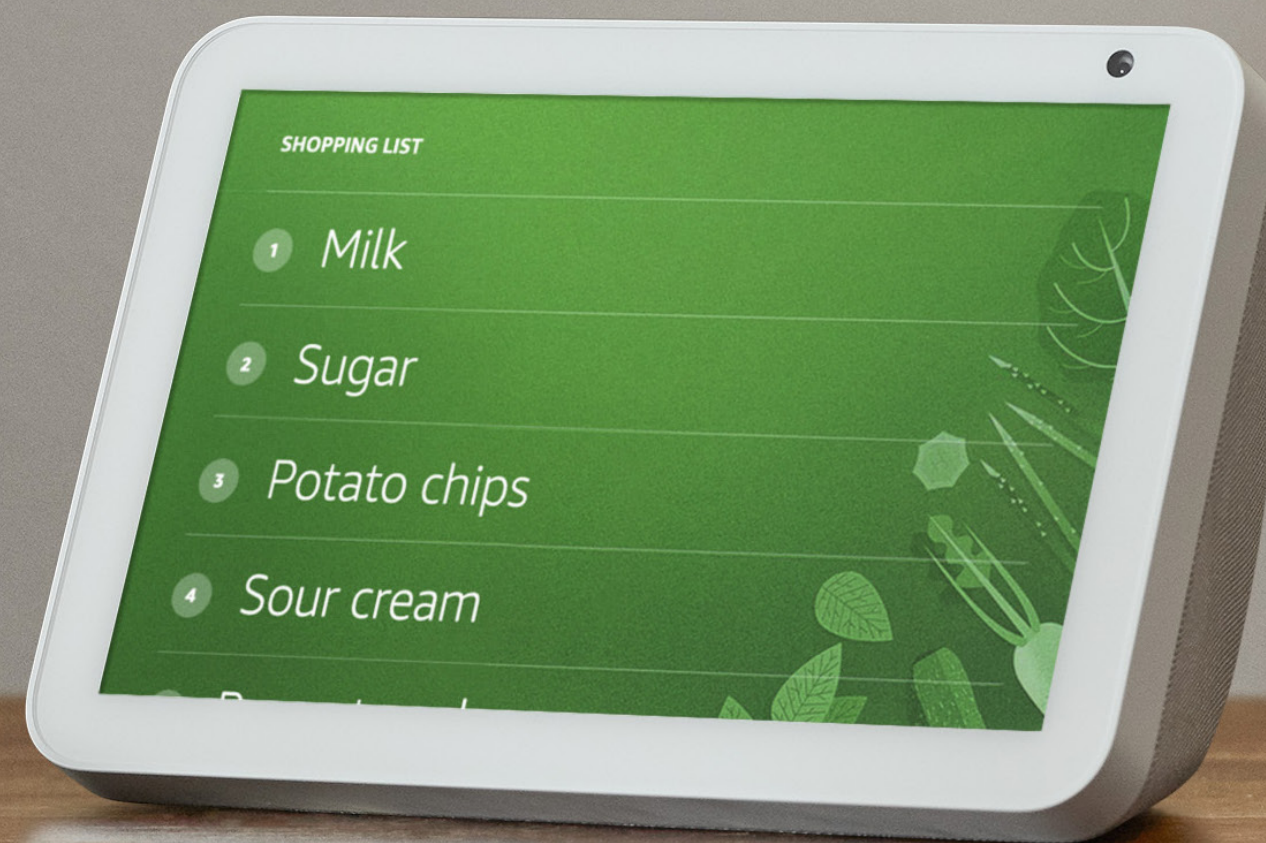
Use your voice to add, move or delete your calendar events with Alexa. Once you've set up an Alexa Voice ID, Alexa will only tell you events relevant to you using these prompts:

- ▶ *"Alexa, add an event to my calendar"*
- ▶ *"Alexa, what's on my calendar?"*
- ▶ *"Alexa, delete [event] from my calendar."*



**"Alexa, what's on my calendar?"**





**Add items to shopping lists with your voice but keep a record on your phone via the Alexa app and tick off products on the go!**

- ▶ In the Alexa app, open **More** and select **Lists & Notes**
- ▶ Click on the **+** next to 'Create List'
- ▶ Name your list and select **Done**
- ▶ To add items to your list, select your list, and then **Add Item**
- ▶ Throughout the week you can say *"Alexa, add [something] to my list"* to keep it updated



You can connect your Amazon Echo Show to your **Ring** device and use Alexa voice commands to do the following (and more):

Receive instant alerts that someone is at your front door

See who is at your door through Live View feed

Speak to visitors using Two Way Talk

*Go to the next slide to find out how!*

**"Alexa, show me the front door"**



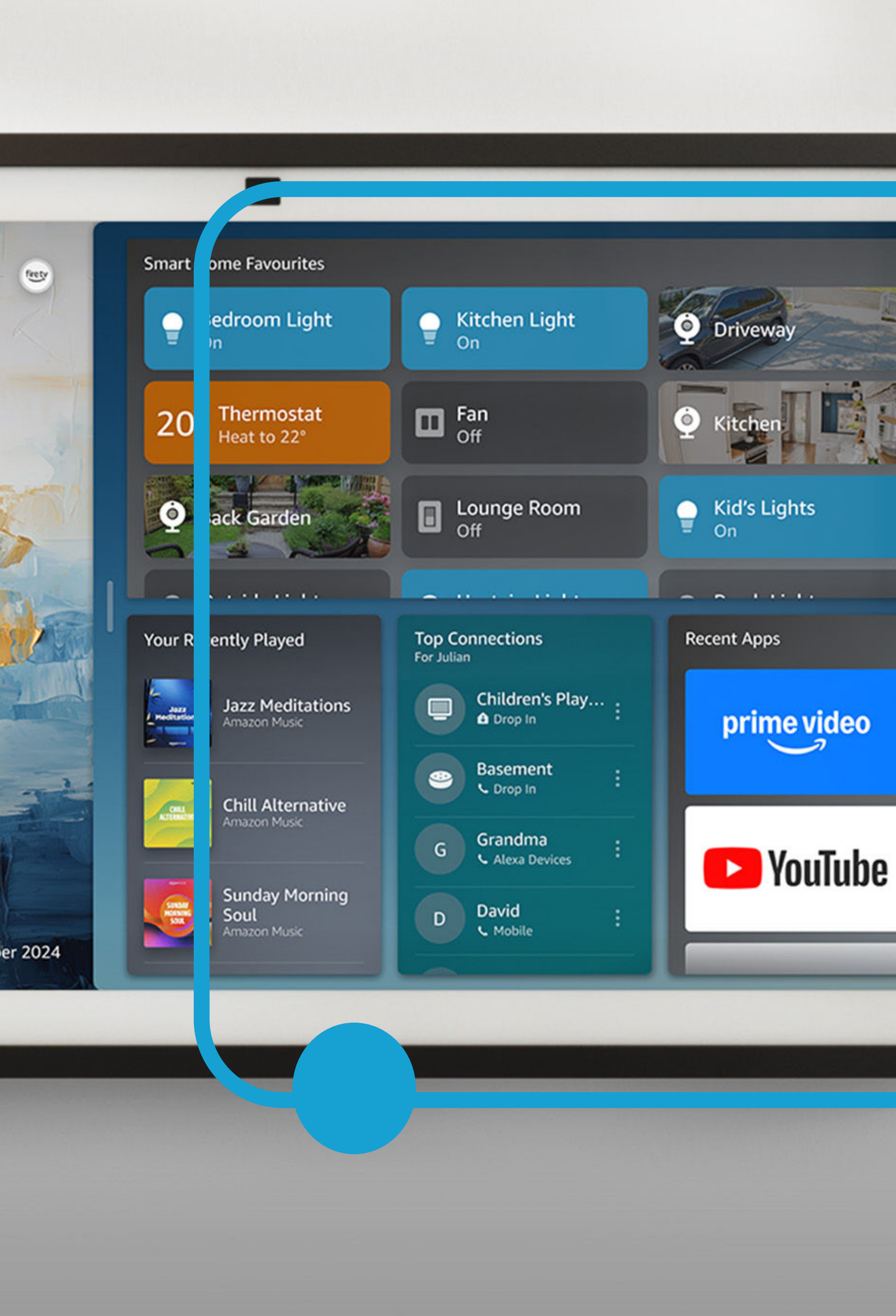


## Follow these steps to add Ring as a Skill in the Alexa app:

- ▶ Open the Alexa app
- ▶ Tap **Menu** at the bottom right hand corner
- ▶ Tap **Skills & Games**
- ▶ Type '**Ring**' into the search field
- ▶ Tap **Ring** (first result)
- ▶ Tap **Enable to Use**







**Alexa Routines streamline daily tasks by combining multiple Alexa commands into a single, automated sequence of actions that can be triggered with one command.**

Think of them like personalised shortcuts, so you don't have to ask for each action individually e.g. you could say "Alexa, goodnight" to have Alexa turn off your smart home lights, set your alarm, and activate white noise for sleep.

- ▶ Open the Alexa mobile app
- ▶ Select more from the bottom navigation menu
- ▶ Select routines from the menu
- ▶ Tap the top right-hand corner (+) to create a customised routine.