Subject line: **Support dementia carers in our constituency**

Dear XX MP

My name is XX and I am getting in touch as your constituent (*include your full postal address in the email*), I am also a dementia carer (*delete if not applicable*).

I wanted to draw your attention to the recent report from Dementia Carers Count [What if...I'm not there to care? - Dementia Carers Count](https://dementiacarers.org.uk/what-we-do/campaigning/what-if-im-not-there-to-care/). The report shares the findings of their 2024 survey which reveals that over three quarters of dementia carers, who are looking after a spouse, partner or parent, have no alternative care plan in place for when they can’t care.

Many dementia carers can see a time when their own needs will impact their ability to care. Carers may need hospital treatment. Carers may no longer be able to physically move the person they are caring for or to cope mentally or emotionally with the challenges of dementia care. Carers may be concerned about what will happen to the person they care for when they die.

If there is no contingency plan, then this is not only stressful for carers, but it also means that replacement care is put in place in a crisis. This can mean that the person with dementia can be placed in a setting that is not the best one for them.

In my own situation [*please share your personal account if applicable here*]

I have shared my experience with Dementia Carers Count because I believe this should prompt urgent concern about the lack of alternative care arrangements that are in place across the UK, especially at a time when health and social care services are already stretched.

I would like you to raise this important issue by:

* Asking the Minister responsible for dementia care what they are doing to tackle this issue and improve provision of Carer’s Assessments.
* Raising this issue with the Secretary of State for Health and Social Care.

Dementia carers must be given the help, support and care they need to cope today and to plan for tomorrow.

I look forward to hearing from you with any progress.