



DEMENTIA
CARERS COUNT

Our impact 2023



Sarah cares for her father Vince, living with young onset Alzheimer's



In 2023 we supported



250

dementia carers
through our Carer
Support Line pilot



40,158

people who used
our online help
and information



1,306

dementia carers
through our
Facebook Live
events

Carers told us



73%

of carers said our
service helped
them feel less
alone



85%

of carers said our
support made
them feel better
able to cope*



1,314

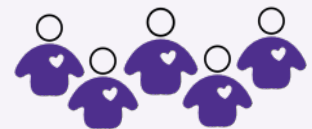
dementia carers
responded to our
survey about their
experiences

Together, we began campaigning



over 1,500

people signed our open letter to the Minister
of State for Social Care, calling for the urgent
publication of a long-term, fully funded
carers' strategy



5

dementia carers
gave up their time
to be on our Carer
Advisory Panel



Supporting carers like Kath

Kath was struggling

Kath's mum was diagnosed with vascular dementia and Alzheimer's disease over eight years ago. But as her mobility decreased, Kath's local authority wanted her mum to move into a residential care home. However, that wasn't what her mum wanted. Kath was struggling to make sure that her mum could stay in her home.

Kath's mum started to get very distressed and was calling Kath hundreds of times each day. It was all getting too much for both of them.

This was when Kath came across our Carer Support Line and, in desperation, she gave us a call.

Our specialist advisors helped Kath negotiate with her local social services, who eventually agreed to fund carers so her mum could stay at home.



"I found it so helpful to get advice and guidance over the phone. The team at Dementia Carers Count has made me feel that I have someone on my side who cares about me and ensures that I am supported and valued."

Kath



Looking to the future

In 2024, we'll finalise our new strategy, responding to what carers tell us they want and need, and ensuring the ongoing effectiveness of the charity.

Our three priority areas are

Support for carers

We will expand our Carer Support Services, including our free telephone line, to reach as broad a range of carers as possible.

Campaigning

We will develop our policy and campaigning activity using evidence from carers, so that we campaign together on issues that matter.

Financial sustainability

We will invest in making our income sustainable, achieving over £300k of income from fundraising and commercial sales.

About Dementia Carers Count

Dementia Carers Count is a small but mighty charity, powered and inspired by dementia carers' experiences and insights and driven by the urgent need for change. We are here to listen, to support and to help unpaid dementia carers look after themselves as well as the person they care for. We provide free, personal and confidential practical advice and emotional support. Every day our team of specialist advisors supports carers across the UK.

dementiacarers.org.uk

Carer Support Line: 0800 652 1102 Mon-Fri 9am-5pm